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This isn't the way you get to your goal ... it's the BIG picture.
 Example: If you say, "I want to move out of my parent's house", remember that there are more than 1 ways to do that ... not just to a group home ... not just to an apartment with 3 roommates, etc....

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GOAL: to get a pet
 Options: There are different types of pets
 Or ... if you can't have a pet, compromises:
 Options: volunteer in animal shelter
 Options: walk the neighbors dog, cat sit when they're away
 Option: job in a pet store

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Can you really do what you want? How much do you know about it?
 le: if you want to get married, so you know all the facts? (medical benefits, relationships, hidden costs??)
 I want to be president of the United States
 I want to go to the Moon
 I want to own a house.

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Resources aren't just "money". They include education, friends and spare time.
 What are some other "resources" that people have?

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What's in your heart?
 What do you dream about most?

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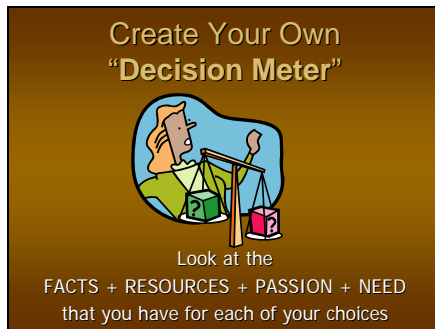


You know the song, right??? If not, no worries, we'll SING IT FOR YOU!

We all have things we "want". We can't have it all. We need to know what we really.

If we TRY, we just might get what we NEED.

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What things would YOU use to make YOUR decision?

What are the reasons you would or would go for one of the options?

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Remember, this is a personal choice. Your answer for yourself may not be the same as what another person thinks you need

(or what that person thinks that THEY "need")

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Pick what works best. Don't pick something just because you like it the most (or it would be the most fun, taste better, etc)

The "best choice" is something that's also possible to do, and one that may help you meet a need.

What else makes one choice "the best"?

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There are a few decisions that can't be undone, but all decisions have some "outcome". When you make one decision, it changes other things in your life. This doesn't mean you shouldn't make choices, but it's good to know the "consequences". And it's GREAT to know that you can usually change your mind!

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