

SACK OF DREAMS

What is **one** of your future goals (one dream)?

* Put your face and your dream on the outside of a paper sack

* Write and or use index cards to draw some answers to these questions. Put them in the sack:



1) What are your strengths? What are you good at ?

2) Who are some friends you know will be able to help you reach your dream?

3) Who do you get support from (an agency and/or staff people?)

4) What are your “resources” - ie: how much of a budget do you have?

5) What is available in the community? (Groups you could connect with, free things that agencies might offer, public meetings, special classes, etc, etc)

As questions arise about making your dream come true, think about how you can answer them with the resources in your sack.

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